



Milwaukee Lake Park Lawn Bowling Association, Inc.

Guidance for Bowls During COVID-19 Pandemic

General

- Follow the Centers for Disease Control and Prevention guidelines. <https://www.cdc.gov/>.
- Obey the laws and orders of the local government and officials.
- People with COVID-19 have a wide range of symptoms reported, ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms or a combination of symptoms may have COVID-19:
 - Cough
 - Shortness of breath or difficulty breathing
 - Or at least two of these symptoms*
 - Fever
 - Chills
 - Repeated shaking with chills
 - Muscle Pain
 - Headache
 - Sore throat
 - New loss of taste or smell

If you have symptoms of illness or recent known exposure to someone with COVID-19, do not participate in lawn bowling activities. Contact your healthcare provider.

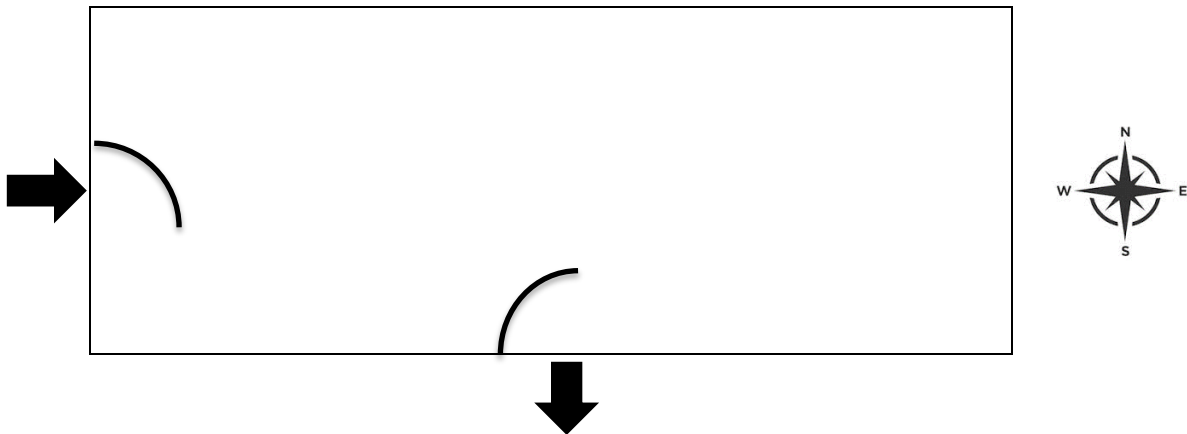
- You may lawn bowl if you are:
 - **Asymptomatic.** No symptoms AND no known exposure to someone with COVID-19 for at least 14 days.
 - Exposure means close contact for a prolonged period without wearing personal protective equipment (PPE).
 - PPE includes N95 respirators, surgical face masks, eye protection, gowns, and gloves.
 - Cloth face coverings are not considered PPE.
 - **Previously Symptomatic - No COVID-19 test (all three things must have happened)**
 - No fever for at least 72 hours without the use of medicine to reduce fever
 - Other symptoms have improved
 - At least 10 days have passed since your symptoms first appeared
 - **Previously Symptomatic – With COVID-19 test (all three things must have happened)**
 - No fever without the use of medicine to reduce fever
 - Other symptoms have improved
 - Received two negative tests in a row, 24 hours apart.
- If you test positive for COVID-19 and have been to the clubhouse or lawn bowled within the past 14 days, we request that you notify Anna Witt. Your identity will be kept confidential and we will notify other members in the club of their possible exposure. The clubhouse and equipment will be cleaned and disinfected. This will help us prevent its spread to others in the club and community.

Clean and Disinfect

- It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or eyes. However, this is not thought to be the main way the virus spreads.
- Avoid touching mouth, nose, or eyes with unwashed hands
- Clean Hands
 - How
 - Wash hands with soap and water for 20 seconds – PUBLIC BATHROOMS in Lake Park
 - Alcohol-based hand sanitizer that contains at least 60% alcohol – CLUB and INDIVIDUALS to provide
 - Key times to clean hands:
 - After blowing one's nose, coughing, or sneezing
 - After using the restroom
 - Before eating or preparing food
 - After contact with animals or pets
 - Before and after use of club equipment, including rink markers, mats, rakes, jacks, and bowls
 - Before and after play
 - Avoid the following behaviors
 - Spitting on bowls or licking fingers
 - Shaking hands or other personal touch
 - Touching or handling the game equipment of others unless you are the designated person to touch that piece of equipment for the entire game.
- Clean and disinfect frequently touched surfaces in the clubhouse (i.e. tables, doorknobs, light switches, handles) and club equipment (i.e. rink markers, mats, rakes, jacks, and bowls)
 - **Cleaning** refers to the removal of germs, dirt, and impurities from surfaces. It does not kill germs, but by removing them, it lowers their numbers and the risk of spreading infection.
 - Clean dirty surfaces using a detergent or soap and water prior to disinfection.
 - *Detergent is available to mix with water from the hose in 5 gallon buckets.*
 - **Disinfecting** works by using chemicals, for example EPA-registered disinfectants, to kill germs on surfaces. This process does not necessarily clean dirty surfaces or remove germs. But killing germs remaining on a surface after cleaning further reduces any risk of spreading infection.
 - Disinfect surfaces with a diluted bleach solution. Ensure a contact time of at least 1 minute and allow proper ventilation during and after application. Prepare a bleach solution by mixing:
 - *1 cup of BLEACH to 3 gallons of WATER in a 5 gallon bucket*
 - *1 Tbsp BLEACH to 24 oz of WATER in a 1 quart bottle*
 - Wear disposable gloves when cleaning and disinfecting surfaces and discard after use. If reusable gloves are used, those should be dedicated for cleaning and disinfection of surfaces for COVID-19 and should not be used for any other purposes. For all glove use, clean hands immediately after gloves are used.
- Linens and Towels
 - Use paper towels or cloth towels for cleaning and disinfecting.
 - Dispose of paper towels after use
 - Place used cloth towels in a separate container for transport for laundering
 - Use a clean cloth towel each game or practice session.
 - Launder items as appropriate in accordance with the manufacturer's instructions. If possible, launder items using the warmest appropriate water setting for the items and dry items completed.

Social Distancing

- Keeping space between you and others is one of the best tools to avoid being exposed to the COVID-19 virus. To practice social distancing:
 - Stay at least 6 feet from other people
 - Do not gather in groups
 - Stay out of crowded places and avoid mass gatherings
- Cloth face coverings are an additional and voluntary public health measure. It is meant to protect other people in case you are infected.
- Clubhouse
 - Enter through the west door
 - Exit through the south door
 - No more than 5 individuals in the clubhouse at the same time.



- Picnic Tables
 - Sit on opposite benches on opposite ends of the picnic table
 - No more than 2 individuals may sit at a picnic table at the same time.
- Benches
 - No more than 1 person may sit on a bench at any time
- Greens
 - There are 8 rinks on a green. Each rink is 14 feet wide x 120 feet long.
 - In general, up to 16 individuals may play on the green at a time, though it is possible for a maximum of 24 players (figure F)
 - These configurations may be permitted on the greens to maximize use and maintain social distancing
 - Individual Practice (figure A)
 - 1 person per rink.
 - Players may be in adjoining rink
 - Partner Practice (figure B)
 - 2 persons per rink. 1 person standing at each end in the center.
 - Players may be in adjoining rink
 - Singles (figure C)
 - 2 persons per rink. 2 persons standing at same end standing on opposite sides when not on the mat.
 - No singles or pairs in the adjoining rink.
 - Pairs (figure D)
 - 4 persons per rink. 2 persons standing at each end and standing on opposite sides when not on the mat.
 - No singles or pairs in the adjoining rink.
 - Combinations (figure E and F)

A – Individual Practice = 8 players

X	X	X	X	X	X	X	X

B – Partner Practice = 16 players

X	X	X	X	X	X	X	X
X	X	X	X	X	X	X	X

C – Singles = 8 players

X X		X X		X X		X X	

D – Pairs = 16 players

X X		X X		X X		X X	
X X		X X		X X		X X	

E – Singles + Individual/Partner Practice = 12-16 players

X X	X	X X	X	X X	X	X X	X
	X		X		X		X

F – Pairs + Individual/Partner Practice = 20-24 players

X X	X	X X	X	X X	X	X X	X
X X	X	X X	X	X X	X	X X	X

Game Considerations

- **Rink Markers.** Consider having one person place the rink markers for the entire green. Then the same or a different person should remove the rink markers for the entire green. Alternatively, have one player place and remove the rink markers for their rink.
- **Mat.** Only one person should handle each mat.
 - In Singles, designate 1 player to place and remove the mat at both ends. Or designate 1 player to place and remove the mat at one end and the other player to place and remove the mat at the other end.
 - In Pairs, designate 1 Lead to place and remove the mat, carrying it with them to the opposite end when they change ends. Also designate 1 Skip to place and remove the mat, carrying it with them to the opposite end when they change ends, and replacing the mat in the same position as the mat that the leads used. For example:
 - Lead A places the Lead mat. Lead A and Lead B deliver all of their bowls.
 - Lead B and Skip B change ends, with Skip B carrying the Skip Mat.
 - Lead A removes the Lead mat and Skip B places the Skip mat in the same position.
 - Lead A and Skip A change ends, with Lead A carrying the Lead Mat.
 - Skip A and Skip B deliver all of their bowls. Skip B removes the Skip mat.
- **Jack.** Only one person should handle the jack.
 - Pre-set the jack at each end. Consider having 1 jack at each end of the green.
 - In Singles, designate 1 player to place and remove the jack at both ends. This should not be the same person placing and removing the mat. Or, designate 1 player to place and remove the jack at one end and the other player to place and remove the jack at the other end.
 - In Pairs, designate 1 Skip to set the Jack at both ends. Or designate 1 Skip to place the jack at one end the other Skip to place the jack at the other end. The Leads may remove the jack by kicking it to the rear ditch.
 - Delivered jack.
 - In Singles, designate 1 player to deliver the jack for the entire game. The other player should set the jack with their feet or a bowl/jack lifter
 - In Pairs, designate 1 Lead to deliver the jack for the entire game. Either skip should set the jack with their feet or a bowl/jack lifter
 - Jack Out of Play
 - The player who last touched the jack with their hand should re-spot the jack on the 2-meter mark. Or another player may re-spot the jack on the 2-meter mark with their feet or a bowl/jack lifter
- **Bowls.** Players should only touch and handle their own bowls for the duration of play.
 - When the end is completed - kick other players bowls to a designated space behind the mat
 - Dead bowl – remove other players bowl(s) from play by using a bowl lifter, kick bowl(s) into the adjoining rink ditch if nobody is playing on that rink, kick bowl(s) into the front ditch on the same rink if it is unlikely to interfere with play, or have the player remove their own dead bowl from the green.
 - Toucher – Use spray chalk, don't touch the bowl while chalking, or declare rather than mark touchers.
- **Respect the Head.** Only the player or one player of the team in possession of the rink should be in the head. All other players should remain out of the head.
- **Measuring.** Do not measure with a tape. If the number of shots cannot be decided by looking at it, or measuring by another means that does not involve touching the jack or bowl, do not count the disputed shots.
- **Rakes.** Do not use rakes. Kick the bowls. However, if kicking the bowls is deemed unsafe, designate one person to touch and use the rake for the entire game.
- **Scoreboards.** If scoreboards are used, one writing implement should be issued and designate one person to keep score for the entire game.
- **Scorecards.** If scorecards are used, the skips should keep score per the Laws of the Sport of Bowls.

Opening and Closing Clubhouse for Leagues and Tournaments

- Open and prop open West door (enter only)
- Open and prop open South door (exit only)
- Clean hands with alcohol sanitizer in the clubhouse or personal supply of alcohol sanitizer
- Prepare bleach solution
 - Gather supplies from clubhouse
 - Water spigot key from desk
 - Two 5-gallon buckets
 - Six 1-quart bottles
 - Bleach
 - 1 cup measurer
 - 1 Tbsp measurer
 - Reusable Gloves
 - Carry supplies to outdoor water source: southwest corner of east green, outside of fence, next to copper beech tree
 - Buckets for Disinfecting and Rinsing
 - Fill both 5-gallon buckets with 3 gallons of water
 - Add 1 cup of bleach to the 5-gallon bucket labeled for DISINFECTANT
 - Put buckets and gloves on stone bench outside of clubhouse
 - Spray Bottles for Disinfecting
 - Use partially filled bottles with bleach solution to top off other bottles.
 - To make new bottles of solution, fill bottle with water to 24 oz and then add 1 Tbsp of bleach
 - Put 2 bottles on stone benches, 2 bottles in clubhouse, and 2 bottles the green – 1 at each end
- Clean hands with alcohol sanitizer in the clubhouse or personal supply of alcohol sanitizer
- Spray frequently touched surfaces in the clubhouse with bleach solution
 - Doorknobs
 - Light switches
 - Tables
 - Counters
 - Cooler and Refrigerator handles
- Gather rink markers, mats, and jacks and take to stone benches for disinfecting
 - Put on gloves
 - Place rink markers and jacks in 5-gallon bucket with bleach solution and leave for 1 minute
 - Remove rink markers and jacks from bleach solution and rinse in 5-gallon bucket with water
 - Spray mats with bleach solution
 - Remove gloves
 - Clean hands with alcohol sanitizer in the clubhouse or personal supply of alcohol sanitizer
- Place disinfected rink markers, mats, and jacks at each rink
- Players should take turns disinfecting their bowls at the stone benches.
 - Clean hands with alcohol sanitizer in the clubhouse or personal supply of alcohol sanitizer
 - Put on gloves
 - Place bowls in 5-gallon bucket with bleach solution and leave for 1 minute
 - Remove bowls from bleach solution and rinse in 5-gallon bucket with water
 - Remove gloves
 - Clean hands with alcohol sanitizer in the clubhouse or personal supply of alcohol sanitizer
- PLAY
 - Use bottles with bleach solution to disinfect equipment during the game if there is concern for exposure from coughing, sneezing, or touching equipment out of turn. Step off the green to use disinfectant.
- Clean hands with alcohol sanitizer in the clubhouse or personal supply of alcohol sanitizer
- Disinfect equipment with bleach solution outside of clubhouse (see above)
 - Allow bleach solution contact for 1 minute
- Return equipment to clubhouse and put away
- Spray frequently touched surfaces in the clubhouse with bleach solution
- Clean hands with alcohol sanitizer in the clubhouse or personal supply of alcohol sanitizer
- Close and lock doors

Opening and Closing Clubhouse for Individual Practice

- Enter clubhouse through West door (enter only)
- Exit clubhouse through South door (exit only)
- Clean hands with alcohol sanitizer in the clubhouse or personal supply of alcohol sanitizer
- Gather supplies from clubhouse and take outside
 - 1-quart bottle of bleach solution
 - Equipment for play: bowls, jack, mat, rink marker
- Disinfect equipment with bleach solution outside of clubhouse
 - Allow bleach solution contact with equipment for at least 1 minute
- PLAY
- Clean hands with alcohol sanitizer in the clubhouse or personal supply of alcohol sanitizer
- Disinfect equipment with bleach solution outside of clubhouse
 - Allow bleach solution contact for 1 minute
- Return equipment to clubhouse and put away
- Spray frequently touched surfaces in the clubhouse with bleach solution
 - Doorknobs
 - Light switches
 - Tables
 - Counters
 - Cooler and Refrigerator handles
- Clean hands with alcohol sanitizer in the clubhouse or personal supply of alcohol sanitizer
- Close and lock doors

Performing Maintenance at the Greens

- Enter clubhouse through West door (enter only)
- Exit clubhouse through South door (exit only)
- Clean hands with alcohol sanitizer in the clubhouse or personal supply of alcohol sanitizer
- Gather supplies from clubhouse and take outside
 - 1-quart bottle of bleach solution
 - Keys
- Disinfect equipment with bleach solution outside of clubhouse
 - Allow bleach solution contact with equipment for at least 1 minute
- Perform Maintenance
- Clean hands with alcohol sanitizer in the clubhouse or personal supply of alcohol sanitizer
- Disinfect equipment with bleach solution outside of clubhouse
 - Allow bleach solution contact for 1 minute
- Return equipment to clubhouse and put away
- Spray frequently touched surfaces in the clubhouse with bleach solution
 - Doorknobs
 - Light switches
 - Tables
 - Counters
 - Cooler and Refrigerator handles
- Clean hands with alcohol sanitizer in the clubhouse or personal supply of alcohol sanitizer
- Close and lock doors